



Taking Care of Our Mental Health!

LOCAL MENTAL HEALTH RESOURCES

Mental Health is an important part of life! Providers help with a range of Mental Health issues from mental illness to everyday life experiences. Every day issues may include hopelessness, grief, loss, panic, feeling blue and/or anxious, death, relationship issues and concerns, couples counseling, divorce, job issues, being a caregiver, and phase of life concerns.

Please note this list may not be complete. If you know of changes or additions to this list please contact Emily Holub, RN at emily.holub@co.barron.wi.us or 715-537-6173.

<u>Amery Hospital & Clinic-Behavioral Health Center</u>: Inpatient mental health treatment for adults. Outpatient therapy and phoenix group therapy (intensive, structured therapy). Substance use disorder outpatient treatment available through Programs for change. Accepts a wide variety of insurance plans. Call insurance provider to inquire about coverage. Also offers payment plans based on family income. 265 Griffin Street East, Amery WI 54001.

For outpatient services (including phoenix group and programs for change): 715-268-0060 Inpatient therapy: 715-268-0070

Outpatient behavioral health and substance use care available at the following clinics: **Amery West Campus**: 230 Deronda St. Amery, WI 54001. 715-268-0060 **Clear lake**: 357 3rd ave. Clear Lake, WI 54005. 715-236-3100 **Luck**: 2547 State Road 35 Ste 1 Luck, WI 54853. 715-472-2177 **New Richmond**: 535 Hospital Rd. New Richmond, WI 54017. 715-243-3400 **Turtle Lake**: 550 Martin Ave W Turtle Lake, WI 54889. 715-986-4101

<u>Amish Mental Health Resources</u>: Still Waters of Wisconsin, Inc., W7863 Willow Rd, Thorp, WI 54771. Mental Health Counseling. Therapists only, no psychiatry. (Local services are also acceptable at fee for service.)

<u>Anchor Bay Counseling:</u> Faith based counseling for adults and adolescents. Individual, and couple counseling available. Medicaid and Medicare eligible, as well as most private insurances. **Spooner**: W 7164 Green Valley Road Suite 2 Spooner, WI 54801. 715-939-1393 **Ladysmith**: 804 West 9th St. North Suite B Ladysmith, WI 54848. 715-609-1777

<u>Arbor Place:</u> Dual diagnosis drug rehab center for adults (inpatient and outpatient programs). Young adult programs available as well. 4076 Kothlow Avenue Menomonie WI, 54751. (715) 235-4537

<u>Associated Clinic of psychology:</u> Therapy and psychiatry- Accepts a wide variety of insurance plans, including Medicaid/Medicare. Call: 612-455-8630 2501 for questions regarding insurance eligibility. Hanley Road Suite 101 Hudson, WI 54016. 715-954-5300

Aurora Community Counseling: Mental Health and substance use services. Sees youth and adults. Accepts MA, private insurance and private pay. Ladysmith: 108 W. 2nd Street North, Ladysmith, WI 54848. 715-532-9771. Spooner: N4851 Highway 63, Spooner, WI 54801. 715-635-4858. **Siren**: 24248 State Road 35/70, Unit D Siren, WI 54872. 715-349-7233. **Chippewa Falls**: 321 Frenette Drive, Suite #7 Chippewa Falls, WI 54729 888-261-5585 **Menomonie**: 406 Technology Drive East Menomonie, WI 54751 888-261-5585 **Phillips**: 171 Chestnut Street Phillips, WI 54555 715-629-9274 OR 888-519-6850

<u>Barron County Community Support Program (CSP)</u>: Behavioral Health Services provided to persons with mental illness to assist them with living independently in the community. 935 N. Main St., Rice Lake, WI 54868. 715-537-5691.

Barron County Department of Health and Human Services: contact for information on mental health referrals and payment sources for mental health services. 335 E Monroe Ave, Barron, WI 54812. 715-537-5691 (Monday-Friday, 8:00 am-4:30 pm)

<u>Burkwood Treatment center</u>: Inpatient and outpatient substance use disorder treatment programs available. Accepts a wide variety of insurance plans but call clinic for free insurance verification. 615 Old Mill Rd. Hudson, WI 54016. 844-450-8607

<u>Caillier Clinic</u>: See's youth and adults for mental health and substance use. Accepts only certain insurances. Need to call to ask. Main Phone number: 715-836-0064 **Rice Lake**: 312 W Knapp Street Suite B Rice Lake, WI 54868 **Eau Claire** (2 locations) **Stein**: 2620 Stein Blvd. Suite B Eau Claire, WI 54701 **Highland**- 2004 Highland Ave. Suite N Eau Claire, WI 54701 **Hudson**: 1200 Hosford St. Suite 101 Hudson, WI 54016 715-808-899

<u>CCB Housing Management:</u> Subsidized and low-income housing for those with chronic mental illness. 1310 N Wisconsin Ave, Rice Lake WI 54868 715-394-2012

<u>Clinic for Christian Counseling, LLC:</u> Adults, children and teens. Mental health and substance use disorder faith based counseling. Works with many insurances-including Medicaid and EAP's. **Rice Lake**: 12 West Marshall St, Suite 201, Rice Lake (715) 832-6680 **Eau Claire**: 3410 Oakwood Mall Drive (715) 832-1678

<u>Crisis Hotlines:</u> Emergency Mental Health/Suicide (24 hrs/day-7 days/wk) Barron, Polk, Chippewa and Eau Claire Counties – 1-888-552-6642 Sawyer County: 1-866-317-9362 Washburn County: 1-888-860-0373 Rusk County- 1-888-636-6655 or Any county: <u>988</u> Any county: <u>Text the word "LIFE" to 741741</u>

Substance use national hotline: 1-800-662-4357

Essentia Health: Offers inpatient and outpatient mental health care for adults, children and teens. **Ashland** (Psychiatry): 1615 Maple Lane, Suite 1, Ashland. 715-685-7500 **Brainerd** (Inpatient): St. Joseph's Medical Center. 523 N 3rd St Brainer, MN. 218-829-2861 **Brainerd** (Pediatric psychiatry): St. Joseph's Brainerd Clinic- 2024 6th st, Brainerd. 218-828-2880 **Duluth** (Pediatric psychiatry): Duluth Clinic 2nd Street Bldg- 502 E 2nd st, Duluth. 218-786-1186 **Duluth** (Inpatient): Duluth Miller-Dwan Building- 502 2nd St Duluth, MN. 218-727-8762 **Duluth** (outpatient): West Duluth- 4212 Grand Ave, Duluth. 218-786-3500 **Duluth** (outpatient and intensive Outpt): Building E- 530 E 2nd St, Duluth. 218-786-5990 **Duluth** (Psychiatry): St Mary's MC Building B- 402 E 2nd St, Duluth. 218-786-4000 Sandstone (substance use disorder): 705 Lundorff Dr, Sandstone, MN. 320-245-5600 Spooner (outpatient and substance use): 1180 Chandler Dr. Spooner. 715-635-2151 (BH) 833-677-1262 (Substance use) Superior (outpatient, intensive Outpt. & Psychiatry): 3500 Tower Ave, Superior. 715-817-7100

<u>Families First Counseling</u>: Outpatient mental health and substance use disorder treatment. Adult, teen, and child programs available. Medicaid and private insurances accepted. 23758 state Road 35, Siren, WI 54872. (715) 349-8913

<u>Family Therapy Associates, LLC:</u> Mental health counseling for adults and children. Individual and group sessions available. Telehealth available. ALL Locations: (715) 246-4840
Eau Claire: 3610 Oakwood Mall Dr. #104, Eau Claire.
Eau Claire: 1120 Oak Ridge Dr. Eau Claire.
Hudson: 2010 O-Neil rd. suite E, Hudson.
Menomonie: 2602 Hils CT, Menomonie.
New Richmond: 150 W 1st Street Suite 270, New Richmond.
St. Croix Falls: 250 S Washington St, St Croix Falls.
Rice Lake: 138 N Main St Suite 230, Rice Lake

<u>Fahrman Center</u>: AODA Treatment Center, 3137 Craig Road, Eau Claire, WI 54701. 715-835-9110. Accepts Medicaid and most insurances.

<u>Free Clinic- Rice Lake</u>: Clinic for people who are uninsured, under insured, and 200% of the federal poverty level or under. Hours: 10am-1pm 1st Tuesday of every month. 3:30pm-7pm all other Tuesdays. Appointment needed. 1035 North Main Street, Rice Lake, WI 54868. 715-736-3733.

<u>Gateways Counseling Services:</u> Outpatient behavioral health counseling, support groups, and education for ages 3+. Outpatient Substance use disorder treatment, including intensive outpatient day treatment available as well. Variety of insurance plans accepted including Medicaid/Medicare. 1905 South Central Ave. Marshfield WI, 54449. 715-898-1665

<u>Hazelden Betty Ford Foundation</u>: Inpatient, outpatient and virtual dual diagnosis treatment. Some insurances accepted. 1-866-867-9106.

Center City: Inpatient, day treatment, medication assisted treatment and children's programs (special program that helps children 7-12 affected by addiction). 15251 Pleasant Valley Road, Center City, MN, 55012.

Chaska: Intensive outpatient program for mental health and substance use, teen intervention program, and recovery management. 1107 Hazeltine Blvd, Suite 300 Chaska, MN, 55318. **Maple Grove**: Outpatient rehab for adults, outpatient mental health services and recovery management. 7001 East Fish Lake Road Maple Grove, MN, 55311.

Plymouth: Rehab for teens and young adults (12-25), inpatient and outpatient treatment, specialized opioid treatment, teen intervention program, and recovery management. 11505 36th ave North Plymouth, MN 55441.

St. Paul: Outpatient day treatment, intensive outpatient program (adults), LGBTQIA+ intensive outpatient group, opioid addiction treatment, mental health services, teen intervention program, and recovery management. 680 Stewart Ave St. Paul, MN 55102

<u>Hinze, Travis</u>: Psychologist specializing in assessments (mood disorders, cognitive disorders, ADD/ADHD) and therapy. In person and virtual appointments available. For BOTH locations, call: 1-800-994-4693

Spooner: 819 Ash St. Spooner, WI.

Osceola: 202 N. Cascade St. Osceola, WI.

<u>Jungerberg, Bruce, PhD:</u> Mental health counselor for UW-Eau Claire-Barron county campus: Meggers Hall 157, Rice Lake WI, 54868. 715-788-6244

<u>LE Phillips Liberatas Treatment Center: Inpatient</u> Alcohol and substance use withdrawal services and treatment. Partnership with Prevea health to include: intensive outpatient treatment and relapse prevention programs. 2661 Cty Hwy I, Chippewa Falls, WI 54729. 715-723-5585

Lutheran Social services of Wisconsin and Upper Michigan, Inc. (LSS): Adult, teen, child, family mental health and substance use disorder counseling. Medicaid, Medicare, private insurance, and private pay accepted.

Chippewa Falls: Trinity Methodist Church- 201 W Central Street Chippewa Falls, WI 54729. 715-855-530

Eau Claire: 306 S. Barstow Street Eau Claire, WI 54701. 715-855-530

<u>Lutheran Social Services – Fahrman Center:</u> Dual diagnosis drug rehab center for adults (inpatient and outpatient). Young adult programs available as well. 3136 Craig Road, Eau Claire, WI, 54701. 715-835-9110

Marshfield Clinic Behavioral Health: Accepts a wide variety of insurance plans, including Medicare/Medicaid. Call: 1-800-782-8581 ext 7-5559 to determine insurance eligibility. **Eau Claire**: Riverview Center: individual, couple, or family therapy. Telehealth appts available. 1000 Starr Ave. Eau Claire, WI 54703. 715-858-4850

Ladysmith: 1200 Port Arthur Rd. Ladysmith, WI 54848. 715-532-5561

Marshfield: 1000 Oak Ave. Marshfield, WI 54449. 715-387-5511

Minocqua: 9576 Highway 70 Minocqua, WI 54548. 715-358-1710

Minocqua (alcohol and drug recovery center): 9792 Highway 70 PO Box 1390 Minocqua, WI 54548. 715-358-7377

Park Falls: 98 Sherry Avenue Park Falls, WI 54552. 715-762-7200 (Wednesday-Friday 8-4) **Rice Lake**: 1700 West Stout Street Rice Lake, WI 54868. 715-234-1515

<u>Mayo Health System:</u> physician evaluation, medication management, psychological testing/evaluations, counseling (individual, couples, family). Accepts a wide variety of insurance plans. Call: 1-844-217-9597 for insurance eligibility.

Rice Lake (outpatient): 331 S Main St. Suite H, Rice Lake, WI 54868. 715-838-5369 Chippewa Falls (outpatient): 611 First Ave. Chippewa Falls, WI 54729. 715-838-5369 Menomonie (outpatient) 2403 Stout Road, Menomonie, WI 54751. 715-233-7891 Eau Claire (inpatient, outpatient, and partial hospitalization program): 1221 Whipple St. Eau Claire, WI 54703. 715-838-5369 or 715-838-3274 (inpatient)

NAMI Helpline: 1-800-950-6264 or text "HelpLine" to 62640

North Central Health care: inpatient behavioral health treatment for adults and youth between the ages of 13-17. Outpatient behavioral health and substance use disorder treatment for adults, children, and adolescents. Accepts a wide variety of insurance plans including Medicare/Medicaid. Call 715-848-4457 with questions about insurance. All services call: 715-848-4600 Outpatient treatment: 2400 Marshall Street, Suite A. Wausau, WI 55403 Adult inpatient behavioral health and stabilization: 1150 Lake View Drive Wausau, WI 55403 Adult and youth crisis stabilization: 2370 Marshall Street Wausau, WI 55403 Youth inpatient behavioral health: 2380 Marshall Street Wausau, WI 55403 <u>Northern Wisconsin Center</u>: behavioral health Intensive treatment program for 14+. Must have a cooccurring intellectual disability to be eligible. 2820 East Park Ave Chippewa Falls, WI 54729. 715-723-5542

<u>North Lakes Community Clinic:</u> Provides psychiatry, counseling and substance use treatment- for all insurances including Medicare and Medicaid as well as a sliding scale fee for those without insurance.

Birchwood (behavioral health): 108 S Main St, PO Box 98, Birchwood WI. 715-354-3369 **Eau Claire** (behavioral health): 822 S Hastings Way, Eau Claire. 715-861-7901

Turtle Lake (behavioral health and substance use): 730 Swede Ave, PO Box 27, Turtle Lake. 715-986-2640

Cumberland (behavioral health): 1150 6th ave, Cumberland, WI 54829. 715-822-1000 **Ashland** (behavioral health and substance use): 300 Main Street West, Ashland, WI 54806. 715-685-2200 or 715-685-1961

Hayward (behavioral health and substance use): 15954 Rivers Edge Drive, Hayward. 715-634-2541 **Iron River** (behavioral health): 7665 US-2, Iron River. 715-372-5001

Minong (behavioral health): 600 Shell Creek Road, Minong. 715-466-2201

Park Falls (behavioral health): 110 2nd Ave N, Park Falls. 715-762-2950

Washburn (behavioral health): 320 Superior Ave, Suite D, Washburn. 715-373-2233

<u>Northland Counseling Services</u>: Individual, couple, and family counseling. Addiction assessments/ treatment, and crisis intervention. Accepts Medicare and Medicaid. Also has sliding scale available for private pay clients.

Ashland: 1619 W Third St. Ashland, WI 54806. 715-682-2141

Hayward: 10752 Beal Ave Hayward, WI 54843. 715-642-0222

Washburn: 21 West Omaha Street Washburn, WI 54891. 715-373-0160

<u>Northwest Counseling and Guidance Clinic:</u> includes many different programs for children and adolescents. Accepts a wide variety of insurance plans including Medicaid.

Northwest Journey: Mental Health day treatment for children and adolescents. Sessions include individual, family, and group counseling, educational, and transitional services. Virtual programs available.

Amery: PO Box 167 1096 Apple Avenue Amery, WI 54001. 715-268-5404 Black River Falls: N6643 County Road A Black River Falls, WI 54615. 715-284-1100

Hayward: 16092 US Highway 63 Hayward, WI 54843. 715-699-1241

Menomonie: 402 Technology Drive East Menomonie, WI 54751. 715-235-4245

Rhinelander: 915 Acacia Lane Rhinelander, WI 54501. 715-365-9735

Siren: PO Box 388 24996 State Road 35 Siren, WI 54872. 715-349-2829

Superior: 69 N 28th street suite 28 Superior, WI 54880. 715-718-2777

Wausau: 5655 N 28th Ave Wausau, WI 55401. 715-675-5454

Northwest Directions: School based outreach program that works with the child, family, and therapist to make positive mental health gains. 920-336-8960

Northwest connections: 24/7 emergency crisis line: 1-888-552-6642

<u>Northwest Passage:</u> Comprehensive assessments and residential treatment programs. Limited insurance coverage, many pay out of pocket for entire cost. Call specific program number for more information.

Assessment: Ages 6-17. 203 United Way, Frederic, WI 54837. 715-327-4402 **Prairieview campus**: Ages 12-17. 203 United Way, Frederic, WI 54837. 715-327-4402 **Riverside campus**: Ages 12-17, males only. 7818 Moline Rd, Webster, WI 54893. 715-866-8301 **Transitions**: Adult group home. 847 Highview Dr A, New Richmond, WI 54017. 715-327-4402

<u>Prevea Behavioral Care:</u> Wide range of mental health and substance use disorder services. Including: Counseling programs and medication management for all ages. Accepts a wide variety of insurance plans including Medicare/Medicaid. Questions about insurance eligibility, call: 920-496-4775 or 888-477-3832

Altoona: 3119 Woodman Drive Altoona, WI 54720. 715-717-6700 Eau Claire: 2119 Heights Drive Eau Claire, 54701. 715-717-5899 Chippewa Falls: 2449 County Hwy I Chippewa Falls, WI 54729. 715-723-9138 Ladysmith: 1101 Lake Ave. West Ladysmith, WI 54848. 715-532-0203 Menomonie: 2919 Stout Road Menomonie, WI 54751. 715-309-4451 Rice Lake: 1051 West Ave. Rice Lake, WI 54868. 715-719-0662

<u>Randall Therapeutic Services:</u> Provides a wide range of therapy services for all ages. Also a certified visitation center for families. Call primary number with insurance eligibility questions. 425 Tainter Ave Rice Lake, WI 54868. 715-736-1000

<u>Sacred Heart Hospital</u>: Inpatient behavioral health. Also has outpatient programs partnered with Prevea Health. Accepts a wide variety of insurance plans including Medicare/Medicaid. 900 W Clairemont ave Eau Claire, WI 54701. 715-717-5899

<u>Soar Counseling</u>: Counseling for youth and adults. Individual and couple counseling available. FOR ALL LOCATIONS call: 715-468-2841. Limited insurance accepted. Does have sliding scale fee for private pay.

Ashland: 517 Beaser Ave Ashland, WI 54806 Hayward: 15910 Company Lake Road Hayward, WI 54843 Shell Lake: 600 E County Hwy B Shell Lake WI 54871 Siren: 24670 State Road 35/70 STE 700 Siren, WI 54872 Superior: 3712 Tower Ave, Suite C Superior, WI 54880 Sobernation: Alcohol and Drug Treatment Center Information. 866-207-7436 or sobernation.com

<u>St. Croix Regional Medical Center:</u> Psychiatrist and psychologists available for outpatient behavioral health and substance use treatment and counseling. Accepts a wide variety of insurance plans including Medicare/Medicaid. Main number: 800-828-3627 or call each clinic individually. **Frederic**: 205 Oak Street West Frederic, WI 54837. 715-327-5700 **Lindstrom**: 12375 Lindstrom Lane Lindstrom, MN 55045. 651-400-2240 **St. Croix Falls:** 216 South Adams Street St. Croix Falls, WI 54024. 715-483-3221 **Unity**: 1504 190th Ave Balsam Lake, WI 54810. 715-825-3278

St. Croix Tribal Clinic: Outpatient mental health and substance use treatment clinic. 4404 State Road 70, Webster, WI 54893. 715-349-8554 ext 5264 or 1-877-455-1901 ext 5264.

<u>St. Croix Valley Pediatric Neuropsychology:</u> Completes neuropsychological assessments for children. Accepts some insurance plans-need to contact clinic with questions regarding insurance coverage. 333 Main Street North Stillwater, MN 55082. Christopher Lepage, Psy.D, L.P. 651-383-6993

<u>Suicide loss Support Group:</u> Support group with sessions on the first and third Thursday of each month from 6:30-8:00pm. Group currently at capacity but email: <u>Melissa.lves@hshs.org</u> to be put on the list. The Healing place Professional Plaza Building 2125 Heights Dr. Eau Claire, WI.

Tamarack Health Ashland Memorial Medical Center: Inpatient behavioral health and substance use treatment. Outpatient counseling and treatment for adults, children, and adolescents available as well. Accepts a wide variety of insurance plans, including Medicaid/Medicare.1635 Maple Lane, Ashland WI 715-685-5400.

<u>Therapeutic Services Agency-Hope realized: Outpatient</u> behavioral health services for children, adolescents, and adults. Treatment options include virtual, in person, day programs, community based skills groups, in home family based services, assessments and supervised visitations. Call: 320-629-7600 or 651-224-4114

Pine City-Railroad Depot (outpatient): 220 Railroad Street SE Pine City, MN 55063.

Pine city-Hilltop house (ALL services): 900 Golf Ave SW Pine City, MN 55063.

Pine city-Hillside (outpatient): 705 Hillside Ave. Pine City, MN 55063.

Cambridge (outpatient): 200 3rd AVE NE, Suite 100 Cambridge, MN 55008.

Coon Rapids (outpatient and in home family services): 3915 Coon Rapids Blvd Coon Rapids, MN 55433

Lindstrom (outpatient): 13265 Sylvan Ave Lindstrom, MN 55045.

<u>Trans Lifeline</u>: This is a non-profit dedicated to the well-being of transgender people. This line is primarily for transgender people who are experiencing a crisis. This hotline is staffed by transgender volunteers. 1-877-565-8860 or <u>https://translifeline.org/</u>

VA Clinics: Outpatient substance use and mental health treatment. VA insurance accepted. **Rice Lake**: 320 South Access Road, Suite 100, Rice Lake WI 54868. 715-236-2679 **Chippewa Falls**: 475 Chippewa Mall Drive Suite 418 Chippewa Falls, WI 54729. 715-720-3780 **Hayward**: 10369 State Highway 27 Hayward, WI 54843. 715-934-5454

<u>Vantage Point:</u> Behavioral health and substance use outpatient assessments and therapies. These services are available to adults, children, and adolescents. Accepts insurance but does vary with providers. Contact clinic with questions.

Barron: 1443 East Division Avenue, Barron, WI 54812. 715-637-7049. **Eau Claire**: 2005 Highland Ave. Eau Claire, WI 54701. 715-832-5454 or 715-834-3171

<u>Youth Crisis Stabilization Facility:</u> 17& under- residential setting where the adolescent may stay for up to 30 days to recover from their distress. This is for earlier stages in mental health struggle. North Central Health Care- Wausau WI. 715-845-4326 (referrals only).

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