

Commission on Aging Meeting Minutes
Tuesday, March 24, 2026 - 9:00 a.m.
Government Center Veterans Memorial Auditorium

Members present: Patti Anderson, Kathy Krug, Diane Vaughn, Kelli Rasmussen, Carole Knoll, and Bob Heil
Absent: Cheryl Hakseth, Deb Neuheisel, and Stacey Wenzel
Others present: Jennifer Jako, Alisa Lammers, Darby Smith, Tristy Hopp, Leanne Grover, Louie Okey, and Jeff French

Chair Patti Anderson called the meeting to order at 9:00 a.m.

Public Notice Compliance: Tristy Hopp stated we were in compliance with the open meeting Public Notification Laws.

Approval of the Agenda: Diane Vaughn made a motion to approve the agenda, Kathy Krug seconded, motion carried.

Approval of the Minutes (November 18, 2025): Carole Knoll made the motion to approve the minutes as written, seconded by Diane Vaughn, motion carried.

Public Comment: None.

Fiscal Report: Tristy Hopp and Jennifer Jako reviewed the 2025 Year End fiscal Summary and February 2026 fiscal summary and reviewed the program's revenues and expenditures.

Health Promotions 2026 Workshops: Alisa distributed handouts recapping the 2025 health promotions programs along with the goals for 2026. She informed the board that she coordinated six programs in 2025 in both counties: Healthy Living with Diabetes, Living Well with Chronic Conditions, Eat Smart Move More Weigh Less, Stepping On, Walk with Ease, and Mind over Matter. With these six programs she had 113 participants and 1118 hours of programming. She also informed the board that she started a collaborative falls coalition in Rusk County with 17 active community partner agencies and they have implemented an EMS/ADRC Falls Referral Program. Alisa also informed the board of the 2026 Health Promotion Goals which include recruiting more facilitators for the programs, developing a Barron County Falls Coalition, and continuing to partner with other community agencies to promote healthy living opportunities.

2025 Volunteer Impact Report: Jennifer Jako reviewed the 2025 handout. In 2025, we had 343 active volunteers serve programs including Meals on Wheels, Senior Dining, Daybreak, Food Commodities, Health Promotions workshops, Brain Health programs, Support Groups, and Men's Shed for a grand total of 11,136 hours and 13,270 miles for a monetary impact of \$396,710. Volunteers are extremely important to ADRC programs and services. Jennifer stated that the volunteer recognition program will be held on June 16, 2026.

Advocacy – Memory Care Designation Legislation: Jennifer shared a video with the board where citizen board member Neuheisel and DCS Trisha Witham participated in with Senator Romaine Quinn. Senator Quinn has introduced legislation for facilities that advertise as memory care are required to have required memory care training to be considered a memory care facility. Neuheisel and Witham advocated by sharing important experiences in the video. The ADRC is monitoring the progress of this bill.

Staff Report & Program Updates: (a) Nutrition & Transportation Programs – Darby reported we received an award from the state for the Men's shed program which is an education and social program that meets once a month for men and is also a meal site. She reported an average of 40-50 men attend each month. Darby also

mentioned that Lona's dining site has its 3 year anniversary coming up. Last year they served 3,219 meals and 547 older adults. She also informed the board that Head Cook Carol Kern will be retiring at the end of this year. She will start the recruitment process at the end of summer. She also stated that AddLIFE received a new van last month. (b) Daybreak/Family Caregiver/Health Promotion Programs – Alisa Lammers reviewed the handout of the survey that was conducted for Daybreak. All in all participants are very satisfied the program. Alisa informed the board that the Rice Lake Senior Center remodel has been pushed out a little and they should be able to return Daybreak to Rice Lake the end of May. She also reported that she held her first Facebook Live with DCS Trisha Witham in February and had 22 people join the live event. They will continue to have them bimonthly. The next one will be in April. Alisa informed the board of the annual Caregiver Conference which will be held on October 8th. (c) ADRC report – Leanne reviewed the 2025 activity report with the board. (d) Director's updates – Jennifer updated the board that Caryn Becker officially retired the end of 2025. Lisa Robinson moved into that position and was able to cross-train. Trisha Moore was hired the end of November as the new ADRC Receptionist.

Future Agenda Items – Elections, 2025 Fund Balance

The next meeting is scheduled for Tuesday, May 19, 2026 at 9 a.m. at the Government Center Veterans Memorial Auditorium in Barron.

Meeting adjourned by unanimous consent at 10:21 a.m.

Respectfully submitted,

Stacey Wenzel, Secretary

Recording secretary: Tristy Hopp

Minutes are not official until approved at next meeting.