



Barron County

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ADRC Governing Board Meeting Agenda
Tuesday, February 3, 2026 - 1:00 – 2:30 p.m.
Location: Law Enforcement Center Conference Room
(Use entrance on West side)
311 Miner Avenue E, Ladysmith, WI

All members please call or email to acknowledge receipt of this meeting notice and to confirm your attendance. tristy.hopp@co.barron.wi.us or 715-537-6172

1. Call to Order and Introduction 1:00 p.m.
2. Public Notice Compliance
3. Approval of agenda
4. Minutes from previous meeting: November 4, 2025
5. Public comment
6. Health Promotions Presentation – Alisa Lammers 1:10 p.m.
7. 2026 Scope of Services 1:25 p.m.
8. Advocacy and legislative issues 1:35 p.m.
 - a. Federal: Foodshare, ACA Enhanced subsidies
 - b. State: Speaker’s Taskforce on Elder Services
9. ADRC Reports 1:50 p.m.
 - Contacts/Enrollments (including Med D Open Enrollment)
 - Personnel
 - Director Updates (ADRC funding, Statewide Resource Directory)
10. Agenda items for next meeting – 2025 Year End, Elections 2:20 p.m.
11. Next meeting – May 5, 2026 - Barron
12. Adjournment 2:30 p.m.

Any person who has a qualifying disability under the Americans with Disabilities Act and requires the meeting or materials at the meeting to be in an accessible format must contact the ADRC at office at 715-537-6225 at least 24 hours prior to the meeting so that arrangements can be made to accommodate the request.

cc:Rollins,Sajka,Skinner,Anderson,Halbur,Hanson,Smatlak,Ludwig,Jako,Sauve,Grover,Walthers,French,Okey,Gilbertson,Heath,County Clerks, Web Master

ADRC Governing Board Meeting Minutes
Tuesday, November 4, 2025 1:00 – 2:30 p.m.
Barron County Government Center Veterans Memorial Auditorium
335 E Monroe Avenue, Barron, WI

Members present: Kathy Halbur, Bob Anderson, John Smatlak, Rudy Walz, Sharon Rollins, Rob Ludwig, Vlad Sajka, and Tom Hanson
Absent: None
Others present: Jennifer Jako, Tristy Hopp, Alisa Lammers, Trisha Witham, Leanne Grover, Kathy Walthers, Lisa Robinson, and Rachel Sauve

Chair Kathy Halbur called the ADRC Governing Board Meeting to order at 1:00 p.m. Introductions were made. Tom Hanson will be replacing Mike Russel for Rusk County.

Public Notice Compliance: Tristy Hopp stated we were in compliance with the open meeting Public Notification Laws.

Approval of Agenda: Rudy Walz made a motion to approve the agenda as written, seconded by Sharon Rollins, motion carried.

Approval of the Minutes (August 5, 2025): Vlad Sajka made a motion to amend the minutes striking “Vice” at the beginning and replacing the word “stated” to state under ADRC Reports, second by John Smatlak, motion carried, minutes approved as amended.

Public comment: None

2026 ADRC of Barron and Rusk Counties Budget -- Rachel Sauve, Financial Analyst: Rachel reviewed the 2026 budget breakdown showing expenses and revenues along with suggested total levy request for Barron and Rusk counties of \$299,663. Majority of the budget is dedicated to staff salary and benefits. Discussed the revenue sources including State General Purpose Revenue (GPR), federal Medicaid drawdown, State EBS and SPAP funding, Federal MIPPA and SHIP funding, and levy. We will see an increase in GPR allocation, which is very helpful to avoid requesting increasing levy. Vlad Sajka made a motion to approve the 2026 budget in the amount of \$1,980,334, seconded by Rudy Walz, motion carried.

2025 Dementia Friendly Communities Presentation – Trisha Witham: Trisha provided an overview of new programs started in 2025, as well as ongoing programming, and asked input from the board on 2026 work plan programming. New programs implemented in 2025 included: (1) Transform Your Brain Art (2) Barron County Men’s Shed (3) Brain Health Cafés (4) Rusk County Dementia Caregiver Support Group (5) Barron County After Dementia Caregiving Ends. Trisha informed the board that she continued Wits Works for Brain Health, Boost Your Brain and Memory, Growing Connections, Brain & Body Fitness, and Savvy Caregiver. She is looking to provide all of the new and continued programming in 2026. She is able to provide much of this programming due to volunteers and partner organizations. The board is supportive of the draft 2026 work plan.

New Freedom Transportation Presentation – Bobbi Hegna, CompassIL – Bobbi presented to the board how New Freedom’s volunteer driver program collaborates and operates within Barron and Rusk Counties. Bobbi stated that they work with counties to help where the County cannot to support people with disabilities or elderly who have barriers accessing transportation. Bobbi informed the board that New

Freedom will take individuals to medical, educational, employment related, and social events. Barron County contracts with Compass IL for medical rides outside Barron County.

Advocacy and Legislative Issues – Jennifer Jako: (a) Federal: Foodshare, Marketplace - Jennifer informed the board that ADRCs are watching issues that are arising for Foodshare and Marketplace. November Foodshare benefits are delayed related to the Federal Government shutdown. Foodshare information is evolving daily. Kathy H. mentioned that there is a rise in people attending congregate meal sites in Rusk County and they are watching this. Seniors could start accessing our nutrition program more related to Foodshare disruptions. Marketplace update - Jennifer stated that the enhanced premium tax cut is set to expire at the end of 2025, unless Congress takes action, which may lead to higher monthly premiums for people who are enrolled in Marketplace insurance. She will continue to keep the board informed. (b) Speaker’s Taskforce on Elder Services - Jennifer stated that Wisconsin’s State Representatives are putting together a taskforce to find ways to improve services for seniors. These include support to remain in their home, social interactions, and protection from financial scams. ADRCs are planning to provide expert input to the Taskforce at listening sessions.

2026 Meeting Dates/Locations – Tristy handed out potential dates and locations for next year’s meetings. Discussion was had; Tristy will inquire about location availability and send out 2026 dates and locations when set.

ADRC Reports: Contacts/Enrollments – 3rd quarter contact numbers were distributed and reviewed. **Personnel** – Jennifer updated the board that Caryn Becker is retiring with over 30 years with Barron County and that Lisa Robinson who is currently the Administrative Assistant, will be taking her position. Interviews for Lisa’s position were conducted last week and a new employee will be starting November 24th. Rusk County has filled their DBS position and I&A position. **Director Updates** – Jennifer informed the board that the State is making changes in 2026 for EBS and DBS scope for customers served. Medicare Part D Open Enrollment is in full swing with appointments already scheduled into December.

Agenda items for next meeting – Alisa Lammers with Health Promotions Updates

Next meeting – is scheduled for February 3th, 2025 location TBD.

John Smatlak made a motion to adjourn the meeting at 2:30 p.m., Bob Anderson, seconded, motion carried.

Submitted by: _____
Rudy Walz, Secretary

Recording Secretary: Tristy Hopp
Minutes are not official until approved at the next meeting.

ADRC 4th Quarter Report – 3 year data comparison

Service/Program	2025	2024	2023
Call Volumes	4508		
I & A Specialists			
Hours/Contacts	354		
Unduplicated Customers	414		
Family Care Enrollments	38	34	33
IRIS Enrollments	22	27	17
Benefit Specialist			
EBS Total Hours/Contacts	746		
EBS Total Customers	1586	1571	1565
DBS Total Hours/Contacts	276		
DBS Total Customers	133	67	71
Dementia Care Specialist			
Consult Hours/Contacts	19		
Unduplicated Customers	17	15	13
Community Program Participants	79		
Community Program Hours/Sessions	42		
Prevention Programs Participants			
Stepping On	14		
Mind over Matter	8		
Eat Smart, Move More, Weigh Less	2		
Public Presentations			
ADRC Presentations	2		

ADRC 2025 – 3 year data comparison

Service/Program	2025	2024	2023
Call Volumes	18,201		
I & A Specialists			
Hours/Contacts	1853		
Unduplicated Customers	1805		
Family Care Enrollments	186	135	119
IRIS Enrollments	88	69	58
Benefit Specialist			
EBS Total Hours/Contacts	2882		
EBS Total Customers	3342	3215	3327
DBS Total Hours/Contacts	1540		
DBS Total Customers	426	255	219
Dementia Care Specialist			
Consult Hours/Contacts	133		
Unduplicated Customers	82	54	47
Community Program Participants	89		
Community Program Hours/Sessions	352		
Prevention Programs Participants			
Stepping On	99		
Eat Smart Move More	26		
Living Well with Chronic Conditions	7		
Public Presentations			
ADRC Presentations	18		
Total Unduplicated Customers 2025 (Specialists)	5655		

2025 HEALTH PROMOTIONS REPORT



2025 PROGRAM OVERVIEW - BARRON & RUSK

JANUARY 1, 2-35 - DEC 31, 2025

113 Participants



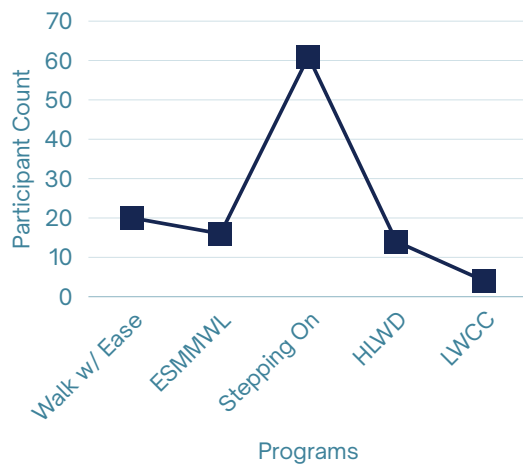
6 Different EB Programs

- Healthy Living with Diabetes
- Living Well with Chronic Conditions
- Eat Smart, Move More, Weigh Less (virtual)
- Stepping On
- Walk with Ease (self directed)
- Mind Over Matter

1118 Hours of programming

2025 Rusk Workshops: 4

2025 Barron Workshops: 9



FALLS COALITION- RUSK 2025

Started a collaborative falls coalition in Rusk County January 2025.

- 17 Active Community Partner Agencies
- Implemented EMS/ADRC Falls Referral Program

STEPPING ON SATISFACTION

100% of Stepping On Participants in 2025 would recommend the program to a friend or family member.

94% of Stepping On participants in 2025 reduced their fear of falling after participating in the 7 week program.

TESTIMONIAL

“I appreciate all the wonderful programs the ADRC has for us. I always feel welcome.”

2026 HEALTH PROMOTIONS GOALS

- Develop a Barron County Falls Coalition in partnership with area EMS providers, public health, MCO's and IRIS agencies, care facilities, healthcare organizations, adult protective services, veterans services, community members, etc.
- Implement the new Mind Over Matter (MOM) program in both Barron & Rusk Counties with at least 1 workshop held in each county in 2026.
- Recruit at least one new MOM facilitator
- Offer one Stepping On Workshop for visually impaired participants in Barron County
- Recruit at least 1 new Stepping On Facilitator
- Explore offering the StrongBodies program in Barron County in partnership with Mayo Clinic Health System.
- Continue partnering with other community agencies to promote healthy living opportunities open to older adults and adults with disabilities (private businesses, volunteer groups, community libraries, UW-Madison Extension, healthcare organizations, etc)