Taking Care of Our Mental Health!

LOCAL MENTAL HEALTH RESOURCES

Mental Health is an important part of life! Providers help with a range of Mental Health issues from mental illness to everyday life experiences. Every day issues may include hopelessness, grief, loss, panic, feeling blue and/or anxious, death, relationship issues and concerns, couples counseling, divorce, job issues, being a caregiver, and phase of life concerns.

Please note this list may not be complete. If you know of changes or additions to this list please contact Becky Tollers, RN at becky.tollers@co.barron.wi.us or 715-537-6173.

Amery Hospital & Clinic-Behavioral Health Center: Specializing in mental health services for seniors, inpatient/outpatient. 230 Deronda St., Amery, WI 54001. 715-268-0060. Outpatient counseling and psychiatric services available for various ages requires referral from Amery physician. Counseling services also available at satellite clinic locations including: Luck, Clear Lake and Turtle Lake. Structured Outpatient Program available for adults age 45 and older. Accept Medicaid, private insurance, some MA HMO's-contact to verify payment type. Providers include: Dr. Ronda Davis, Dr. Kevin Hess, and Andrew Johnson, PNP.

Ashland Memorial Medical Center: 1635 Maple Lane, Ashland WI 715-685-5400.


Barron County Community Support Program (CSP): Behavioral Health Services provided to persons with mental illness to assist them with living independently in the community. 935 N. Main St., Rice Lake, WI 54868. 715-537-5691.

Barron County Department of Health and Human Services: contact for information on mental health referrals and payment sources for mental health services. 335 E Monroe Ave, Barron, WI 54812. 715-537-5691 (Monday-Friday, 8:00 am-4:30 pm)

Caillier Clinic: 138 N. Main St. Suite 206, Rice Lake, WI 54868. 715-234-5388. Sees youth and adults. Accepts only certain insurances and HMO types, so call 715-836-0064 to find out if your type is accepted.

CCB Housing Management: 310 N Wisconsin Ave, Rice Lake, WI 54868. 715-236-2366. Subsidized and low-income housing for those with chronic mental illness.

Crisis Hotline: Emergency Mental Health/Suicide (24 hrs/day-7 days/wk)
Barron, Polk and Washburn Counties – 1-888-552-6642
Sawyer County-715-934-5213 or 715-634-4806
Burnett County- 1-888-636-6655

Crisis Stabilization Center: 6939 County Hwy T, Chippewa Falls, WI 54729. 715-874-4429.
Service is provided when client needs extra support or supervision but not hospitalization.

Cumberland Behavioral Health: 1110 7th Avenue, Cumberland, WI 54829. 715-822-7530.
We see all types of individual, families, couples as well as children and adolescents. We provide a wide range of out-patient treatment for many types of issues.

Essentia Health- Duluth (Miller Dwan Building): 502 East Second Street, Duluth, MN 55805.1-218-727-8762 or 1-888-342-1388.

Families First Counseling: 23758 State Rd 35, Siren, WI 54872. 715-349-8913. Sees youth and adults. Accepts most payment types but not Medicare. Specialty is in-home therapy for MA and HMO's with children ages 18 and under who have not been successful with other therapy methods, but they do other types as well.

Family Therapy Associations: Counseling for adults and children. Group therapy offered throughout the year.
520 South Washington Street, Suite 110, St. Croix Falls, WI 54024. 715-246-4840.
1477 South Knowles Avenue, Suite 130, New Richmond, WI 54017. 715-246-4840.

Free Clinic- Rice Lake: 1035 North Main Street, Rice Lake, WI 54868. 715-736-3733. Seeing patients Tuesdays, 5-9 pm. Located in the Medical Arts Building, enter using lakeside door.

Hazelden Betty Ford Foundation: 1-866-295-2911. Drug and Alcohol Rehab in Center City, MN.

Hinze, Travis: 329 S River St, Suite 301, Spooner, WI or 307 Cascade St, Suite 7, Osceola, WI. 1-800-994-4693. Psychology services. Provides counseling and therapy for adults and youth ages 13 and up. Provides evaluations for adults and youth 6 and up. Accepts most insurance and private pay. Participates with United Healthcare (UBH), Medica, Preferred One, Select care, Tri-care, Medicare, and WI & MN Medicaid and processes Health Partners and BCBS.

Jungerberg, Bruce, PhD: Psychology, psychotherapy, psych assessments and consultations. 715-736-7250.

Lapcewich, John: Cumberland, WI 54829. 715-822-4918. Provides psych evaluations only for adolescents to seniors. Payment types: private pay, self pay, Medicaid, some MA HMO’s and also provides for counties. Does not accept Medicare.


**Lutheran Social Services:** 302 Grand Avenue, Eau Claire, WI 54701. 1-888-867-4840.

**Marriage and Family: Rusk County Office:** 715-532-0632

Marriage and Family Health Services: Mikan Day Treatment (ages 12-18), Migisi Day Treatment (ages 5-11). 105 West Avenue, Rice Lake, WI 54868. 715-736-5437. They provide individual services for adolescents, adults and family therapy. Both are ½ day programs with main funding from MA and HMO doesn’t matter. Accepts straight MA or Security Health, commercial insurance or private pay.

**Marriage and Family Therapist:** Laurie Carlsen, MFT, 5 E Eau Claire St, Rice Lake, WI 54868.

**Marshfield Clinic Behavioral Health:** Accepts Medicaid, Security Health MA, and others. Contact to verify coverage at 1-800-782-8581 ext 5559. Does not take United Health care MA HMO.

Lakewoods Center: 1215 West Knapp St, Rice Lake, WI 54868. 715-236-4450. Fax: 715-236-1831.

Marshfield Center: 1000 N Oak Avenue, Marshfield, WI 54449. 715-387-5744.

Minocqua Center: 9601 Townline Road, Minocqua, WI 54568. 715-387-5744 or 715-358-7377

Addication center

**Riverview Center:** 1000 Star Avenue, Eau Claire, WI 54703. 715-858-4850.

**Mayo Health System-Northland Rice Lake Counseling Services:** 331 South Main St, Suite H, Rice Lake, WI 54868. 715-236-8500 or tollfree at 877-709-0797. There are two full-time therapists: Deb Klund and Joanne Faltz Bailey. Must have primary care physician in Mayo system. Serves adults and youth for outpatient Behavioral Health. Accept Medicaid, Medicare, private insurance. Does not accept United Health Care MA HMO, Security Health HMO or managed care.

**Mayo Health System Eau Claire:** 1400 Bellinger, Eau Claire, WI 54703. 1-877-709-0797.

**Mayo Health System Luther Hospital Eau Claire –** 1221 Whipple St, PO Box 4105, Eau Claire, WI 54702-4105. 715-838-3311 Fax: 715-838-6788. Toll free 1-888-838-4777. Has a 20-bed inpatient behavioral health unit.

**McCabe, Juanita M:** 1477 Knowles Ave Suite 103, New Richmond, WI 54017. 715-781-5494. Sees youth and adults ages 3 and up. Accepts some private insurance, private pay, sliding fee scale, some MA/MA HMO’s- please contact your provider to determine coverage. Provide mental health, substance abuse, child abuse, trauma, depression, anxiety, PTSD and other services.

**Midwest Psychological Services:** 2501 Hanley Road, Hudson, WI 54016. 715-634-0222.

**NAMI of Barron County, National Alliance on Mental Illness, PO Box 477, Rice Lake, WI 54868-2030.** 715-736-0089 or 715-568-4426. [www.nami.org](http://www.nami.org). NAMI offers support, education and advocacy for families living with mental illnesses. We offer free classes tailored for families (12 wks), consumers (10 wks), parents/caregivers of small children and adolescents (6 wks) and presentations for school staff members, the faith community and interested community groups who would like to learn more about mental illnesses and resources available to them.
NAMI Helpline- 1-800-950-6264.

Natures Edge Therapy: 2523 14 ¾ Ave, Rice Lake, WI 54868. 715-859-6670. Providing intensive and family-oriented occupational, physical and speech therapy, integrating the benefits of animals and nature. Becky Payne, MAT, CCC_SLP, HPCS, Director. New Directions Center: This is a drop-in center for those with mental illness. 133 Main St, Rice Lake, WI 54868. 715-234-3637. www.naturesedgetherapycenter.org.

New Directions Center: 133 N. Main St., Rice Lake, WI 54868. 715-234-3637. This is a drop in center for folks with mental illness.

NorthLakes Community Clinic: Provides services for all insurances including Medicaid and medicare. 214B Maple Street South, Turtle Lake, WI 54889. 715-986-2640. 300 Main Street West, Ashland, WI 54806. 1-88-834-4551. 11128 North State Highway 77, Hayward, WI 54843. 715-634-2541. 7665 US Highway 2, Iron River, WI 54847. 715-372-5001. 600 Shell Creek Road, Minong, WI 54859. 101 Thompson Road, Washburn, WI 54891. 715-373-2233 Counseling 409 West Bayfield Street, Washburn, WI 54891. 715-373-2233 Substance Abuse

Northland Counseling Services: 10752 Beal Avenue, Hayward, WI 54843. 715-634-0222.

Northwest Guidance and Counseling: 502 2nd St Hudson, WI 54016. 715-684-7777. Sees youth and adults. Accepts Medicaid, some Medicaid HMO’s and private insurance. Contact for Passage system for troubled youth and other mental health services.

Northwest Journey: Day Treatment Program for Youth 7670 Johnson Street, Siren, WI 54872. 715-349-2829. 1096 Apple Avenue, Amery, WI 54001. 715-268-5404.

Northwest Passage: Day and Residential Treatment for Youth 203 Untied Way, Frederic, WI 54837. 715-327-4402.

Polk County Mental Health & Chemical Dependency: 715-485-8400. Sees youth and adults. Accepts most insurance plans, Medicare, Medicaid, some MA HMO’s and private pay. Serves various counties but sliding fee scale only applies to Polk county residents.

Sacred Heart Hospital: 900 West Clairemont Avenue, Eau Claire, WI 547021. 715-717-4121 (general hospital). 715-717-4272 (Behavioral Health Center). Inpatient psychiatric services provided.

Sharpe, Robert MD: 24248 State Road 35 Suite D, Siren, WI 54872.715-349-7233. Psychiatry

Soar Counseling: 246 Industrial Blvd, Shell Lake, WI 54871. 715-468-2841. Also has an office in Ashland. Sees youth and adults. Does not accept Medicare.

Sobernation: 1-866-317-7050 or sobernation.com- Alcohol and Drug Treatment Center Information

or Security Health HMO. Also accepts some MN health plans. Most have client medical records and referral from provider involved in care or will not be seen. There is waiting list for psychiatrist.

**St. Croix Tribal Clinic**: 4404 State Road 70, Webster, WI 54893. 715-349-8554 or 1-877-455-1901 ext. 5264.

**Suicide Support Group**: HSHS St. Joseph’s Hospital 2661 Cty Hwy I, Chippewa Falls, WI 54729. Meetings begin on May 21, 2015 and will be held on the first and third Thursday of every month from 6:00-7:30 pm in the conference room. There is no cost. For more information contact 715-717-7479.

**Therapeutic Services Agency**: Railroad Depot Office 220 Railroad St., 705 Hillside Ave, or 900 Golf Avenue SW Pine City, MN 55063.1-320-629-7600.

**Vantage Point**: 1443 East Division Avenue, Barron, WI 54812. 715-637-7049. Also located in Eau Claire. Providing child, adolescent & adult therapy services, assessments, urgent care therapy services, and alcohol and other drug abuse therapy services. “The rates for services at Vantage Point Clinic can vary based on insurance coverage, community program eligibility, and service for which you may be looking. It is best to contact us directly to determine rates and costs of services offered here.”

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Becky Tollers
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